



Mach Hach for Girls is Bnei Akiva's premier summer program in Israel for young women completing tenth grade. For over 50 years, Bnei Akiva has nurtured a **passionate love for Israel** through immersive programming, making Mach Hach a uniquely authentic experience. This isn't just another trip; it's an opportunity to "Live Israel" and develop a lifelong connection.

### *Friends for Life: Creating Lasting Bonds*

With about 30-40 girls per bus, **every participant feels appreciated and valued** in a community that quickly takes on its own personality. Friendships made here often last for years, and many "buses" hold reunions long after the program ends. Each itinerary is fine-tuned by **dedicated bus staff to meet the unique needs of the girls**, led by a team of six mentors who provide guidance, support, and role modeling throughout the journey.

### *A Dynamic Itinerary: The Best Of Israel's Experiences*

Mach Hach's itinerary is carefully crafted to bring out the best of Israel, rich with authentic experiences designed to inspire. Participants enjoy **hiking, community service, cultural immersion, and historical explorations**, with new elements added every year to make each summer truly one-of-a-kind.

### *What Makes Mach Hach for Girls Unique?*

Mach Hach for Girls is a unique blend of educational experiences and adventure, tailored specifically for teenage girls. Through discussions, hands-on learning, and exploration, participants engage deeply with topics like Torah, Jewish history, and modern Israel. The program emphasizes Jewish identity, leadership, and building a community of confident Jewish women. It provides a space for **open dialogue, self-confidence, and exploring what it means to navigate life as a Jewish woman**.





# Itinerary

SUNDAY	MONDAY	TUESDAY
<b>JULY 13</b>  <b>Shiva Assar BeTammuz</b>	<b>JULY 14</b>   <b>Depart from USA</b>	<b>JULY 15</b>  <ul style="list-style-type: none"> <li>• Arrive Ben Gurion</li> <li>• Ice Breakers</li> <li>• Kotel Opening Ceremony</li> </ul> Overnight: Jerusalem
<b>JULY 20</b>  <ul style="list-style-type: none"> <li>• Har Arbel</li> <li>• Teverya Swimming</li> <li>• Teverya Boat Ride</li> </ul> Overnight: Teverya	<b>JULY 21</b>  <ul style="list-style-type: none"> <li>• Nachal Gilabun</li> <li>• Har Bental</li> <li>• Aquake</li> </ul> Overnight: Teverya	<b>JULY 22</b>  <ul style="list-style-type: none"> <li>• Nachal Elai</li> <li>• Banias</li> <li>• Kfar Kedem-Donkeys</li> </ul> Overnight: Teverya
<b>JULY 27</b>  <ul style="list-style-type: none"> <li>• Yad Vashem</li> <li>• Har Hertzl</li> <li>• Basketball</li> </ul> Overnight: Jerusalem	<b>JULY 28</b>   <b>Chessed</b>	<b>JULY 29</b>   <b>Chessed</b>
<b>AUG 3</b>   <b>Tisha B'Av</b>	<b>AUG 4</b>  <ul style="list-style-type: none"> <li>• Ammunition Hill</li> <li>• Leket Volunteering</li> <li>• Challah Baking</li> </ul> Overnight: Jerusalem	<b>AUG 5</b>  <ul style="list-style-type: none"> <li>• Save a Child's Heart</li> <li>• Blind Museum</li> <li>• Palmach Museum</li> </ul> Overnight: Jerusalem
<b>AUG 10</b>   <b>Beit Midrash Learning Program</b>	<b>AUG 11</b>   <b>Beit Midrash Learning Program</b>	<b>AUG 12</b>  <ul style="list-style-type: none"> <li>• Yafo Tour</li> <li>• Carmel Market</li> <li>• Camel Riding</li> </ul> Overnight: Bedouin Tent
<b>AUG 17</b>  <ul style="list-style-type: none"> <li>• Tel Azeka</li> <li>• Guvrin Caves</li> <li>• Food Packaging</li> </ul> Overnight: Jerusalem	<b>AUG 18</b>  <ul style="list-style-type: none"> <li>• Kfar Etzion Museum</li> <li>• Biar Mud Caves</li> <li>• Derech Avo</li> </ul> Overnight: Jerusalem	<b>AUG 19</b>  <ul style="list-style-type: none"> <li>• Kotel</li> <li>• Farewell Activities</li> <li>• Depart Ben Gurion</li> </ul>

WEDNESDAY	THURSDAY	FRIDAY	SHABBAT
<b>JULY 16</b>  <ul style="list-style-type: none"> <li>• Superpharm</li> <li>• Drive North</li> <li>• Nachal Kibbutzim</li> </ul> Overnight: Teverya	<b>JULY 17</b>  <ul style="list-style-type: none"> <li>• Chatzbani</li> <li>• Misgav Am</li> <li>• Kayaks</li> </ul> Overnight: Teverya	<b>JULY 18</b>  <ul style="list-style-type: none"> <li>• Ein Tina</li> <li>• Talmudic Experience</li> <li>• Shabbat Shoppin</li> </ul>	<b>JULY 19</b>   <b>Shabbat in Teverya</b>
<b>JULY 23</b>  <ul style="list-style-type: none"> <li>• Nachal Betzet</li> <li>• Acco Museum</li> <li>• Rosh Hanikra</li> <li>• Louis Promenade</li> </ul> Overnight: Haifa	<b>JULY 24</b>  <ul style="list-style-type: none"> <li>• Tzfat</li> <li>• Nachal Amud</li> <li>• Kever Rashbi</li> <li>• Shabbat Shopping</li> </ul> Overnight: Haifa	<b>JULY 25</b>  <ul style="list-style-type: none"> <li>• Zichron Yakov</li> <li>• Park Hanadiv</li> <li>• Shabbat Shopping</li> </ul> Overnight: Haifa	<b>JULY 26</b>   <b>Shabbat in Haifa</b>
<b>JULY 30</b>   <b>Chessed</b>	<b>JULY 31</b>  <ul style="list-style-type: none"> <li>• Old City Tour</li> <li>• Ir David</li> <li>• Kotel Tunnels</li> </ul> Overnight: Jerusalem	<b>AUG 1</b>  <ul style="list-style-type: none"> <li>• Machane Yehuda</li> <li>• Aleh Volunteering</li> <li>• Shabbat Shopping</li> </ul> Overnight: Jerusalem	<b>AUG 2</b>   <b>Shabbat in Jerusalem</b>
<b>AUG 6</b>  <ul style="list-style-type: none"> <li>• Chocolate Factory</li> <li>• Ben Yehuda</li> <li>• Gush Katif Museum</li> </ul> Overnight: Jerusalem	<b>AUG 7</b>  <ul style="list-style-type: none"> <li>• Stand With Us</li> <li>• Independence Hall</li> <li>• Kikar Rabin</li> <li>• Shabbat Shopping</li> </ul> Overnight: Jerusalem	<b>AUG 8</b>  <b>Free Weekend</b>	<b>AUG 9</b>   <b>Free Weekend</b>
<b>AUG 13</b>  <ul style="list-style-type: none"> <li>• Massada</li> <li>• Dead Sea Swimming</li> <li>• Ein Ged</li> </ul> Overnight: Eliat	<b>AUG 14</b>  <ul style="list-style-type: none"> <li>• Har Tzfachot</li> <li>• Water Sports</li> <li>• Snorkeling</li> <li>• Tisch</li> </ul> Overnight: Eliat	<b>AUG 15</b>  <ul style="list-style-type: none"> <li>• Ramon Museum</li> <li>• Kever Ben Gurion</li> <li>• Ein Ovdad</li> </ul> Overnight: Mitzpe Ramon	<b>AUG 16</b>   <b>Shabbat in Mitzpe Ramon</b>
<b>AUG 20</b>   <b>Arrival in USA</b>			