

# ADVENTURE WEEK

All Mach Hach Adventure groups enjoy a four day specialty track chosen before the summer. The specialty tracks include: Army, Beit Midrash Program (BMP), Chessed, Culturefest, Sports and Yam L'Yam. Mid-summer, all Mach Hach buses split up for their specialty week and join members of the other buses who chose the same Adventure option. More detailed descriptions are available on our website.



## ARMY

Your Mefakdim (sergeants) will give you the real feel of the IDF. Be prepared to be pushed to your limits in this thrilling army experience.



## BEIT MIDRASH PROGRAM (BMP)

Hosted in the TVA campus, add four days of learning and spirituality to enrich your Israel experience.



## CHESSED

Each day focuses on a different type of Chessed: the needy, the sick, the physically and mentally handicapped and the elderly. Learn about yourself and give to others!



## CULTUREFEST

Experience all the sounds, tastes and sights that modern Israeli culture has to offer. See Israel through a totally new lens.



## SPORTS

Take part in basketball, flag football, krav maga and surfing, as you concurrently learn about Israel's sporting history.



## YAM L'YAM

Take part in one of Israel's most popular hikes, crossing the width of Israel from the Kinneret to the Mediterranean Sea and culminating with a thrilling five mile bike ride.

